



Lynzy & Co.

TRAVEL
NORWAY

A Life & Style Guide for Modern Motherhood

“ *I am a passionate traveler, and from the time I was a child, travel formed me as much as my formal education.*

—David Rockefeller

“ *We must go beyond textbooks, go out into the bypaths and untrodden depths of the wilderness and travel and explore and tell the world the glories of our journey.*

—John Hope Franklin

“ *Travel, and the younger sort, is a part of education; in the elder, a part of the experience.*

—Francis Bacon

We plan to travel as much as we can with our children as they grow. Not only does it help them to grow and mature, but us as parents as well.



5

We checked three items during this trip. Our large hard case suitcase, travel backpack from Tom Bihn, & a smaller suitcase for all of our rain gear! Try to keep bags to a minimum, it makes traveling so much easier!

6

We brought [one double umbrella stroller](#) and [TWO Lillebaby toddler carriers](#). We used these the entire vacation and would have been LOST without them. Remember that young kids get tired and having vessels to carry them in is key ;)

7

If you are bringing a stroller, check it at the airline's gate. Grab one of these mommy hooks to hang your bag or even a car seat if you are bringing one! We brought [this car seat](#) with us on the plane for the little guy and rented two car seats for the girls when we rented the car! Buy the travel bag with it and place it on the hook on your stroller for the airport!

FAQ's about our Norway trip:

Why did you choose Norway?

My cousin lives in Copenhagen so we decided on that location first and then wanted to add in one more country during the 2 week period so we landed on Norway simple because it's beautiful!



Where did you fly into? What did you do for transportation everywhere?

We flew into Copenhagen and just used a cab ride to get to our Airbnb. While in Copenhagen we walked or biked! From there we flew to Bergen (1.5 hours) and took a cab right to our Airbnb (20 minutes) and stayed there for a few days. After that we rented a car so that we could drive through Norway to our two final destinations! We flew out of Oslo, so all flights were booked separately.

WHERE TO EAT

BERGEN

Often times we bought food at the grocery store for breakfast and/or lunch at our Airbnb!

PEPPES PIZZA

One of you had recommended this! It's actually a chain in Norway but it's got great pizza!

EGON RESTAURANT

One of our favorite restaurants. Kid friendly, awesome menu and fast!

BAKER BRUN

Get yourself ANYTHING from here but I especially loved a Skillingsboller

CORNELIUS RESTAURANT

I heard great things about this one but we didn't make it there!



FLAM, RJUKAN & OSLO



CAFÉ ON A HILL IN FLAM

No idea what the name of it was but it was SO beautiful there by the tiny playground. Not many selections but the pancakes were a hit!

KINOKAFFEN

in Rjukan and the BEST customer service we had in Norway (and it was great all over)! The staff here were AMAZING. Miles even through a glass halfway across the restaurant shattering it into pieces and they were so awesome about it. GREAT FOOD too!

ANNE PA LANDE

Oslo – in the sculpture park | GORGEOUS INTERIOR – swoon worthy. Cute place for coffee and/or bakery snack!

HERREGARDSKROEN

Oslo – in sculpture park | The owner of this restaurant came up to us and was SO accommodating with the kids. He went above and behind and the food was awesome.



WHERE TO STAY



BERGEN

We stayed in [this Airbnb](#) while in Bergen and it was the most accommodating Airbnb to date. It had SO many toys for the kids and the girls room was set up like a dream. HIGHLY recommend! Plus, it's absolutely beautiful. Perfect location too!



FLAM

This Airbnb will KNOCK YOUR SOCKS OFF. Right on the fjord, it has the most beautiful views in Norway, I swear it. It also comes with a boat that you can feel free to take out whenever you want. Perfect location, peaceful. So much for the kids to do outdoors. 3 bedrooms, highchair and crib included!



RJUKAN

We stayed up in the mountaintops at Gaustablikk Høyfjellshotell. To be honest, I wasn't impressed because they are doing a TON of construction right now and it wasn't peaceful at all. I wish I knew that when I booked! In a few years I am sure it will be amazing! PS. Do not stay here if you are scared of heights. Getting to where the resort is is slightly terrifying with a lot of switch backs!

WHAT TO DO



BERGEN

TAKE FUNICULAR UP TO MOUNT FLOYEN (OR HIKE!)

and explore all the beautiful playgrounds up there! There are SO many in the woods and be sure to hike through the troll forest where you will find a huge zipline! This hike is stroller friendly (jogger stroller).



NORWAY IN A NUTSHELL TOUR

HIGHLY suggest this! It goes out of the downtown Bergen train station (walkable from our Airbnb) and you take two trains (absolutely stunning) through Norway and then get onto a ship through the fjords and then onto a bus and then a train. It's the most beautiful excursion we have ever been on!

VISIT SOSTRENE GREEN

A little store that is set up sort of like IKEA but SO pretty inside with so many things for kids (and adults too). I could have spent hours in here!

GO TO CLARION COLLECTION HOTEL AT BRYGGEN

and ask for a key card to get up into the tower for a view!

For a few more suggestions, refer to my blog post!



FLAM



BREKKEFOSSEN WATERFALL HIKE
STUNNING views!

**TAKE THE TRAIN
FROM FLAM TO MYRDAL**
(if you don't do the Norway in a Nutshell tour). It's
STUNNING.

**STEGASTEIN LOOKOUT
HIKE OR DRIVE**
BEST ADVICE is to drive PAST the actual tourist lookout
and keep going up! WAY better views and less people ☺

*If you don't stay at the same Airbnb that comes with a
boat, make sure to go on one of the boat tours with the
smaller boats within the fjord!*

OSLO

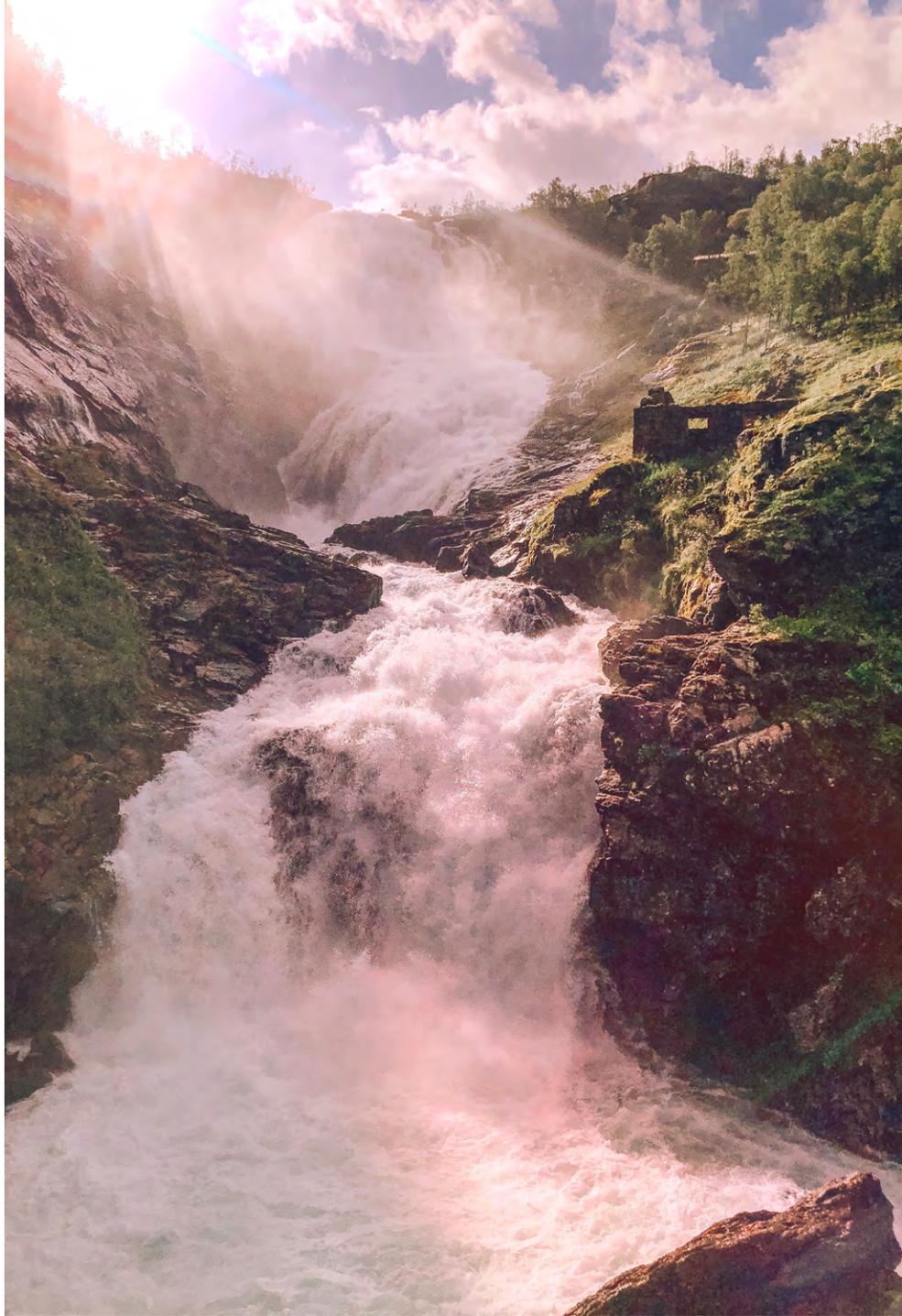




Things we would do next time:

Way too many to even list but here are a few.....

- Visit Lofoten & Alesund
 - Hike Preikestolen
 - Visit one of the most beautiful fjords - Geiranger
-



MY MUST HAVE TRAVEL GEAR



Large Hard Rolling Suitcase

I have this Samsonite one and it's been through about 8 years already with me. I love it so!

Packing Cubes/Organizers

I love these for organization within the suitcase!

Freshly Picked Diaper Bag

I love the amount of pockets this bag has and it easily fits everything I need in a carry on bag for the kids & myself.

Zoe UmbrellaStroller

great, high quality double stroller that was perfect for traveling. It has awesome under seat space (hard to find with umbrella strollers) and I love how the canopies go way over their head so it blocks the sun and even rain!

LÍLLÉbaby 3 in 1 CarryOn Toddler Carrier

We brought TWO of these on our trip and they were amazing! They hold up to 60 lbs (!!) and you can wear your toddler on the front or back!

Headphones

Great for when the kids are watching a movie on the plane!

Zella Leggings

My favorite leggings ever in general but also great for traveling. So comfy and never start to sag. The perfect fit and I wear them 5/7 days a week in the fall and winter!

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VISIT OUR BLOG





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