



Lynzy & Co.

TRAVEL
CHARLESTON, SC

A Life & Style Guide for Modern Motherhood



HERE ARE MY BEST PACKING TIPS:

1

Organize all of your outfits by day. For example, Day 1: outfit for mom, dad, kid #1, kid #2. Then roll them all together and pack them that way. This makes it VERY easy to get ready each day for everyone. Plus, you can all be coordinated! I geek out about coordination so this is why I love to do this!

2

Bring along ziploc bags (1 gallon size) to put soiled clothing in. I also recommend these [packing bags](#)! They make it easy to pack and find everything and also great for storing clothing once it's been worn.



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3

I always pack any shampoo, body wash, etc. into a bag that will allow for spillage. There is nothing worse than getting your clothes full of shampoo before you arrive to your destination. [These](#) bags are great!

4

I always pack one large backpack with everything I will need for the flight. This includes, an extra change of clothing for each child, diapers, wipes (regular and sanitizing), snacks, toys/iPad, wallet, phone, and phone charger.



5

We brought along 3 suitcases (one extra large, 1 medium, 1 small). The extra large suitcase held two pack n play mattresses for the girls because I hate the “mattress” that is supplied with them, it’s rock hard and who wants to sleep on that?! We have [this large hard suitcase](#) and I have traveled everywhere with it. It’s the best suitcase I have found thus far.



6

We brought one double stroller (great for getting through the airport) and one baby bjorn and one baby sling. My husband prefers the baby bjorn and I prefer the sling so we brought both since they don’t take up too much space. Having different options for getting the kids around is key. I will say though that once we got to our hotel in Charleston, we mostly used the baby wrap for our 10 month old and our almost 3 year old walked with us.



7

The key to vacation success is making sure that you have the kids’ essentials for sleeping. For us, this included: two pack n play mattresses, mattress covers, two sound machines, blankies, stuffed bunny, PJs, and two books. You want to make their bedtime routine identical to the one you already have at home.

8

Pack your car the night before so that the morning is an easy transition!

Before I get into the best things to do, see and where to eat in Charleston.... here are some FAQ's I have received:

Why did we choose Charleston?

Charleston has been known for it's beautiful, quaint neighborhoods and traveling there has been on our bucket list. We heard that it was very kid friendly so we decided that this would be the year to go!

Did you rent a car?

Yes! It was the easiest way to get around and we rented two car seats as well. We used Enterprise which is attached to the airport itself. No shuttle!!! This was HUGE. The return was easy as well. We dropped the car and walked right into the airport to check in. We rented a medium sized SUV so that we could fit everything. We paid \$390 for five days with car seats included in that price.



Which airline did you fly?

We flew Southwest which is hands down my favorite airline to fly with or without kids. You get to board between groups A and B if you are a family with children under 6 and we were in group A for every flight anyway. We were able to sit in our own row in the front of the plane on all 3 flights. They hand out snacks for everyone on each flight, regardless of how long it is. Plus, they are witty and humorous! ;)

What did you check and what did you bring with you on the plane?

We checked three suitcases and brought along the double stroller, two backpacks (one on my husband and one on myself) and [one kid's ride along suitcases](#) for our almost 3 year old. She loved riding it and pulling it through the airport. It's great for entertaining! I would highly recommend one if you are traveling with a toddler. This one [here](#) is super cool as well!

We will start off with the most important topic of all...

WHERE TO EAT IN CHARLESTON

IMPORTANT TIP: I highly recommend using the Open Table app to book your reservations days in advance. These restaurants can book up quickly and you want to make sure that you get the time slot and day that you want!



BREAKFAST:



OUR HOTEL (KING'S COURTYARD INN)

had free breakfast daily and you could even have your order ready for the next morning (whatever time you wanted) and brought up to your room. We did this a few mornings since it was easier for us to do that while we were getting ready for the day.

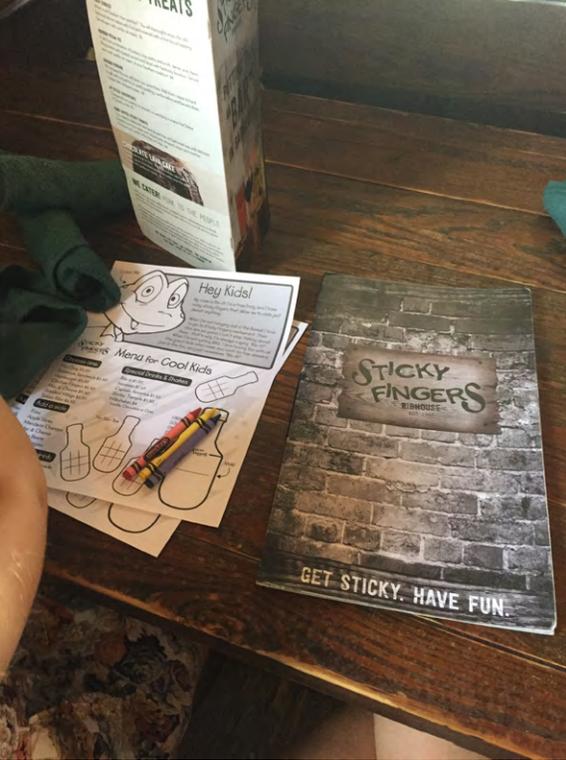
CALLIE'S HOT LITTLE BISCUIT

Heaven in your mouth. These biscuits are divine. We got egg sandwiches and one cinnamon biscuit to share. Holy smokes.... so good. I would recommend ordering through [their iPhone app](#) so that it's ready when you get there! There can be long lines and this makes it way easier!

► VISIT

BLONDIES BAGELS

We didn't get a chance to try these but heard amazing reviews from multiple people



LUNCH:

STICKY FINGERS

This was right around the corner from our hotel and we LOVED this place! It was very kid friendly, providing coloring utensils and paper for our toddler and a great kids menu. We love BBQ so it was right up our alley. We got “the great BLP” and a Pulled pork and cheese spud (SO good)

▶ VISIT

COCONUT JOE'S

This lunch spot is on the Isle of Palms (great family friendly beach). We each got a wrap here and loved it. Also very kid friendly!

▶ VISIT

HONORABLE MENTIONS

(places we didn't eat at but heard they were amazing and would love to go when we go back):

HUSK

Better to go for lunch with the kids than dinner since it becomes a bit more relaxed and romantic in the evening

▶ VISIT

MAGNOLIA'S

same as Husk, better to go with kids for lunch than dinner!

▶ VISIT



DINNER:

FLEET LANDING

▶ VISIT

Right on the water and beautiful scenery when you eat outside on the deck. My husband LOVED the Shrimp and Grits here and I loved my Crab Cakes!

EDMUND'S OAST

▶ VISIT

Loved this one! This restaurant has a great vibe to it and a great beer list. Get the corn bread if you go here! My husband loved the fish n chips here and I got a bacon cheeseburger which was also delicious!

POOGAN'S PORCH

▶ VISIT

MY favorite of the trip. What a beautiful restaurant! It's gorgeous inside (recently renovated) and I loved how open the space was. We had plenty of room at a big table and it was very kid friendly. Olivia got the kids salmon dish (finally something healthy on a kids menu!) and we got the fried chicken. GUYS. THE FRIED CHICKEN is out of this world. GET IT. I also heard that they have the best shrimp and grits in Charleston.....

HOMINY GRILL

▶ VISIT

Such a cute little spot for dinner. Very kid friendly and absolutely delicious. My husband got the ribs (yum!) and I got the Vegetable Plate (perfect for kids too). You need to get the tomato pudding, mashed sweet potatoes, macaroni and cheese and applesauce. DELICIOUS. Oh, and get the Southern gin and tonic (best one I've ever had!)



PAGE'S OKRA GRILL

We didn't make it here but heard that it is delicious!

▶ VISIT

HOME TEAM BBQ

Also heard that this was great but we didn't make it here!

▶ VISIT





DESSERT:

KAMINSKY'S

We didn't have the chance to try this but heard wonderful things about the toll house cookie pie here!

► VISIT

JENI'S SPLENDID ICE CREAM

Delicious! Best place to get ice cream.....

► VISIT





WHERE TO STAY:

KING'S COURTYARD INN

► VISIT

We stayed here and absolutely loved it. To be up front and honest, we were comped two nights here and paid for the other two, but I would stay here over and over again. They were incredibly kid friendly and [the suite](#) we had was hands down the reason why it was such an enjoyable vacation. We had two large rooms that were separated by a tiny little room. We put Olivia (toddler) in the big room and the baby in the small connecting room. Each child had a sleep machine and their own space separate from ours. It was PERFECT. The inn is situated in the best possible spot (in my opinion). It's within walking distance to everything, including the water front. I also loved that it included free breakfast and there was even wine offered between 5-7. Oh, and free bottled water at the front desk!

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WHAT TO DO WHILE YOU ARE THERE:

This list could get very lengthy. I will highlight what we did while we were there and also do some honorable mentions of things we want to get to the next time we visit!

SPLASH PAD AT WATERFRONT PARK

Very close to our hotel, just a short walk and hands down Olivia's favorite part about the trip. She loved splashing around in this fountain and given how hot it was, this allowed her to cool off!

▶ VISIT

OLD SOUTH CARRIAGE TOUR

Our toddler also really loved this horse drawn carriage tour. It was an hour long and she loved being able to pet the horse and then ride along with him. I really loved hearing the history about the city!

▶ VISIT

BOONE HALL PLANTATION

I had actually been here once before with my parents years ago but it's so beautiful that it was definitely worth a second trip. The Avenue of the Oaks is one of the most beautiful spots in the world. I love, love, love them. They have a butterfly conservatory that Olivia loved, estate tour, and more! It's a beautiful place to visit and I highly recommend it!

▶ VISIT





CHARLESTOWN LANDING

▶ VISIT

We had our family pictures taken by [Carrie Elizabeth Photography](#) here (highly recommend her if you want to grab some family pictures on your trip!!) and it's such a gorgeous place to visit. There are a ton of nature trails, animal trails and more!

ISLE OF PALMS BEACH

▶ VISIT

Very kid friendly beach. I loved that you could call and reserve two chairs and an umbrella for the day. Call [here](#)! Next time, I would love to rent bikes and a bike trailer to pull the kids along with us!!

Things we want to do next time:

- [CHILDREN'S MUSEUM](#)
 - [AQUARIUM](#)
 - [RENT BIKES](#) on the Beach with Bike Trailer for kids
 - Visit the [ANGEL OAK TREE](#)
 - Evening walk on [SULLIVAN'S ISLAND](#)
 - Road trip to [SAVANNAH GEORGIA](#) (1 hour and 40 minutes away)
 - Walk through the [CHARLESTON CITY MARKET](#).
-

For more information on everything related to Charleston, check out the [EXPLORE CHARLESTON WEBSITE!](#)



MY MUST HAVE TRAVEL GEAR:



Large Hard Rolling Suitcase

I have this Samsonite one and it's been through about 8 years already with me. I love it so!

Kid's Ride Along Suitcase

We have this one here, but I really love this one too! Olivia loved riding along on this at the airport and it entertained her while we waited to board.

Packing Cubes/Organizers

I love these for organization within the suitcase!

Kiki Lu Designs Diaper Bag

I love the amount of pockets this bag has and it easily fits everything I need in a carry on bag for the two kids and myself. Use code: LYNZY25 for 25% off!

Macloren Double Umbrella Stroller

great, high quality double stroller that was perfect for traveling. It has awesome under seat space (hard to find with umbrella strollers) and I love how the canopies go way over their head so it blocks the sun and even rain!

Wild Bird Ring Sling Carrier

I love this carrier for carrying little Ellie around! I have always loved the ring slings the best!

Pip Squeaks Kit

Olivia is OBSESSED with these and brings this everywhere!

Travel Kid's Kit

Has an assortment of kids activities to keep them entertained! Great for travel by car, plane, train or bus! :)

Headphones

Great for when the kids are watching a movie on the plane!

Zella Leggings

My favorite leggings ever in general but also great for traveling. So comfy and never start to sag. The perfect fit and I wear them 5/7 days a week in the fall and winter!

Long Cardigan

The perfect layering piece if it gets chilly on the plane. You can also use it to wrap up the kids if they are cold or use it as a blanket!

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