

HOSPITAL BIRTH BAG CHECKLIST

*For
Mamas*

- 1.) Button Down Pajamas
- 2.) Toiletries/Makeup/Pampering Products
- 3.) Delivery gown (if you choose to)
 - 4.) Extra outfits (2-3)
 - 5.) Nipple Cream
 - 6.) Care for down there
 - 7.) Extra underwear & Pads
 - 8.) Extra snacks
 - 9.) Music Playing Device
 - 10.) Camera/ Video Camera
 - 11.) Socks/Slippers
 - 12.) Lip Balm
 - 13.) Your own pillow
 - 14.) Cell Phone & Charger